



St Andrew's Prep School Newsletter 12 July 2016



To the Prep Community

"The entitlement mentality is epidemic, creating people who expect their countries, employers or families to take care of them. Learn to take care of yourself!"

These words were penned by investor, author and motivational speaker, Robert Kiyosaki in The Sunday Times on 10 July and got me thinking.

It is worth considering the matter of entitlement; from our own perspectives, and from those as parents and educators, and ask ourselves, "Do I have a sense of entitlement?" Three statements or questions that we can ask ourselves, or our children, to assist in contemplating this question are;

- Do I feel sorry for myself if things don't work out the way I want and show this?
- I believe that my parents / employer should go to extreme lengths to make me happy.
- I tend to look out for myself, my needs and desires more than anyone else almost 100% of the time.

As we navigate the development of our children, we are constantly striving to educate and grow happy and secure children who are given the platforms to learn so that they can one day lead fulfilling lives. As a firm believer in intrinsic motivation and introspection, I would suggest that the following would make a positive difference in the lives of our children and those around them and help stifle any 'entitlement mentality';

- Develop our emotional intelligence. Become more self-aware. Without being aware of our own thoughts and feelings, it is impossible to manage our behaviour.
- Make a concerted effort to be more compassionate, display genuine empathy and to deeply consider the needs of those around us.
- Pay attention to the happiness and joys of others and celebrate this with them.
- Be thankful for others, what they do for you and express this to them.
- Identify and regulate your inner expectations of the environments within which you live.

After the privilege and pleasure of being able to immerse ourselves in the National Arts Festival, it is good to be back into the regular routine of the school programme. Mrs Renard coordinated, once again, a superb Children's Arts Festival and deserves huge kudos. The number of tickets required for the children to attend the shows and workshops over the festival is almost 8000! Ensuring the logistics in terms of presenters, meals, transport, resources, venues etc. are in place requires a herculean effort in terms of planning and organisation. Well done to Mrs Renard, Mrs Taylor, Mr Plescia, Mr Johnson and their team!

Wishing you a very happy and blessed week.

Gareth Allman
HEADMASTER

Trinity Term Calendar

Week 12 B

Tue	12-Jul	TBC	Snr Inter-house hockey (B teams)
Tue	12-Jul	13:00	JPPC Meeting (J & A Mullins Pavilion)
Tue	12-Jul	17:15	SPPC Meeting (Green Room)
Wed	13-Jul		SP book check
Wed	13-Jul	13:00	PPPC Meeting (J & A Mullins Pavilion)
Wed	13-Jul	14:00	Netball vs Kingswood (h)
Wed	13-Jul	14:00	JP Netball U8 & U9 vs Kingswood (JP Fairlawn Courts)
Thu	14-Jul	14:00	JP U9 U8 Girls Hockey vs Kingswood (Fairlawn, Retief)
Thu	14-Jul	15:00	ICT Steering Committee (DSG Seminar Room)
Thu	14-Jul	17:15	SAP Board Meeting
Fri	15-Jul	10:30	Combined Tea (J & A Mullins Pavilion)
Fri	15-Jul	TBC	Hockey vs Woodridge & Albany League (Woodridge & other)
Sat	16-Jul	All Day	Duty: Mr Paul (0823329004)
Sat	16-Jul		JP U9 Girls Hockey vs Woodridge (DSG)
Sat	16-Jul	09:00	Rugby vs Woodridge (h)

Week 13 A

Mon	18-Jul	TBC	Jnr Inter-house hockey (A teams)
Mon	18-Jul		PP Assessment Meeting
Mon	18-Jul		Mandela Day
Mon	18-Jul	07:30	Choir Rehearsal (1 hr)
Mon	18-Jul	14:00	JP U8 & U9 Boys Hockey vs Kingswood (Fairlawn, Retief)
Mon	18-Jul	17:00	SMT Meeting (Green Room)

Pre-Primary

With all the excitement and stimulation of Festival, it is nice to come back to earth and settle into our normal routine! The children have been full of stories about rollercoaster rides, interesting foods and exciting acquisitions from the Village Green, and while it's lovely for our children to experience all these things, it is difficult to teach one's children that the best things in life are free when there is such an overload of desirable stuff. I came across a website recently with some ideas on helping children to understand that fun doesn't have to cost a lot: <http://lifehacker.com/six-tactics-to-keep-your-kids-from-becoming-too-material-1783209273>.

As part of her UNISA Grade R specialisation diploma Dee Shone is spending some time in the Grade R classroom while we welcome Kay Barker back to the Pre-Primary – to the Grade 00 class.

We are learning about cogs and wheels, so if you have any interesting items at home showing gears, cogs and wheels, please allow us to borrow them for a short time.

We are looking forward to the Dog Show on the 26 July. Grade Rs will also go to the African Sky Planetarium.



Junior Primary

Festival school was an amazing experience for all our Preppies. They had a grand time watching shows, participating in drama, gum-boot dancing and creating the most beautiful crafts at the variety of workshops they attended. A happy bunch of little people came to school each morning excited about what each day presented. In between activities they worked in little booklets where the older children learnt to reflect on shows so as to form an opinion about them. The younger children got to illustrate and write short reviews on their experiences, focussing more on characters, the plot and lessons learnt.

We are very grateful to Mrs Cindy Renard and her CAF team who did a superb job in putting together one of the best and most enjoyable festival to date.

The 'Design and Inventions Day' at Junior Prep has been postponed to the 2nd last week of term. Details to follow nearer the time.



Eco Club



The Boer-bulls start tackling the challenges of their Enviro Quiz Project 2016 – Plant as much as you can in 1.5 square metres!

Before Half Term, Grade 000 to Grade 7 collected over 34kgs of waste paper from their classrooms. The Grade 4s were our most dedicated weighers and recyclers, closely followed by the JP. Well done!



Hockey

Time	SAP	Vs	Result	Venue
14h15	1sts	vs	Woodridge U13A	Woodridge Depart Tradesman's at 10:45 Return at 17:00
13h30	2nds	vs	Woodridge U13B	
12h45	Junior A	vs	Woodridge U11A	
N/A	Junior B	vs	Bye	
14h00	5ths	vs	KC U13C	Kingswood Depart Tradesman's at 13:15 Return at 15:00
14h00	3rds	vs	Prep 4ths	Webster
15h15	6ths	vs	DSG U16F	Top Field

Rugby

Time	SAP
09:00 SAP U11B vs Woodridge U11B Coach: Mike Steele / Brad Wright	09:00 SAP Mini 1 & 2 vs Yellowwoods 1 & 2 7a-side (1/3 of a field) 2 matches per team Coach: Mr Smith / Stone / Peter
09:50 SAP U13B vs Woodridge U13B Coach: Marcus Nel / Kyle Smetherham	09:40 SAP U9A vs Woodridge U9A 8 a-side (½ a field) 2 matches per team Coach: Mr Van Vuuren / Mr Nel
10:40 SAP U11A vs Woodridge U11A Coach: Zane Plescia / James Bursey	10:40 SAP U13C vs Woodridge U13C (10 a-side) Full Field Coach: Tellorin Palmer / Angus Butler
11:30 SAP U13A vs Woodridge U13A Coach: Richard Jackson / Marc Stone	

Eastern Province Tennis



Scott Cuthbert (Grade 10 St Andrew's College) and Dylan Marx (Grade 7 St Andrew's Prep) were both selected to play for the Eastern Province tennis team in an Interprovincial event against Northern Cape that took place in Graaff-Reinet last Monday. Scott and Dylan are regulars in the EP side and we congratulate them for their hard work and dedication to the sport.

They also stayed on in Graaff-Reinet to compete in an Eastern Province Mini Series tournament. Both were placed in the Men's Platinum draw, the strongest draw of the event, and did exceptionally well. Dylan came third and Scott fourth, and for both this was their best singles result ever at a ranking event. We congratulate them on this fine achievement!

Independent Prep Schools' Rugby Festival

23 June – 26 June provided Prep with the opportunity to host the ISRF. Ten teams gathered in Grahamstown to participate and the event again afforded these likeminded schools to participate in a competitive, yet educationally enriching environment.

Festivals of this nature would not be possible without the support and contributions of many significant role players. To all the sponsors, companies and individuals, I am truly indebted to you, as your contributions enabled us to host with true Eastern Cape hospitality, at great value for money. We are privileged to be a part of such a supportive community. To the St Andrew's Prep and College staff who gave up their time and part of their half term, your contributions are much appreciated.

The majority of the fixtures proved to be keenly contested and provided us all with many nail-biting moments. The concept of live streaming the matches also brought something unique to the festival and allowed parents who were not fortunate enough to attend the Festival, an opportunity to watch their boys in action.

St Andrew's and Grahamstown again proved to be the ideal location for hosting school boys and staff, where all the focus of the festival was placed on the sport concerned and on nurturing valuable relationships.

Prep's Results were as follows:

vs WHPS	Lost	27 – 34
vs The Ridge	Won	29 - 14
vs St Charles'	Drew	12 – 12



Thank you to all the sponsors for their support of the



**INDEPENDENT
PREP SCHOOLS'
RUGBY
FESTIVAL 2016**



ST ANDREW'S PREPARATORY
SCHOOL



Children's Arts Festival



"Art is as natural as sunshine and as vital as nourishment."
Mary Ann Kohl

Since returning, after Half-Term, the Preppies took part in The Children's Arts Festival Programme from Wednesday 6 July till Friday 8 July. This allowed them the opportunity to completely immerse themselves in all facets of the arts. They attended an array of specially designed workshops that ranged from physical theatre, such as gumboot dancing, to historical artwork, such as Matisse. They also attended a number of National Arts Festival productions as well as a visit to the famous "Village Green". The boys and girls thoroughly enjoyed this unique opportunity and the cultural nourishment that came with it.



ART AND MUSIC EVENING

#ANDREWLOYDWEBBER@PREP



Adults R60 | Scholars R30

Memory Hall | 22 July 2016 | 18h00

Contact Anusha for bookings 046 603 2400



ST ANDREW'S PREPARATORY
SCHOOL

Be sure not to miss our annual Art and Music Evening in Memory Hall next FRIDAY 22 JULY @ 18:00 for 19:00.

Senior Prep Art work and Pottery will be on display and the Choir will present a wonderful selection of the music of Andrew Lloyd Webber – not to be missed! The evening takes the form of a supper theatre, and 150 tickets are available at tables which seat 10 people. Crockery, cutlery, glasses, napkins and salt and pepper are provided...so bring along a hamper with your supper and drinks and join us for what promises to be a great evening.

EARLY BOOKING IS RECOMMENDED AS THESE TICKETS SELL OUT VERY QUICKLY!

Please contact Anusha when booking.

For this week's free stationery hamper, email Anusha and cite "Centre for Creative Learning to open soon" to claim your prize!

Grade 5 Project Week 2016



Please join us for an informal viewing of the Grade 5 projects that were completed during Project Week:

Heritage of South Africa

08h30 - 09h00 Teachers and Senior Primary Pupils
09h00 - 10h00 Parents

Wednesday 20 July 2016

Green Room / Library

Grade 5 Parents' Invitation

For more information please contact the Grade 5 teachers
M.Jackson@saprepschool.com | N.Rosslee@saprepschool.com



ST ANDREW'S PREPARATORY