



St Andrew's Prep School Newsletter 1 November 2016

Virtue of the Week: Decisiveness
 Term Theme: Be kind in everything that you do.

Our prayer for this week;
*Lord, please send us any help we need and allow us to be able to make decisions, when needed.
 Be there for us and show us you are listening, that you will be there every step of the way.
 Send us your love, peace, comfort and strength.
 We pray for this, in Jesus name, Amen.*

RIGHT!



Wrong!

The average primary school child makes around 4 000 decisions a day. Take away the hours that they are asleep and that averages out to a mind blowing 285 decisions per hour or just under 5 decisions per minute! Now consider our reaction, as both parents and teachers, when they quite naturally may make what we might deem to be a 'wrong' decision – and I'm not talking about the everyday normative decisions around Coco Pops or Milo Cereal for breakfast, wearing a green T-shirt or a blue T-shirt to a party, watching Master Chef or the Sharks play the Bulls – but rather those decisions that may have an impact on both themselves and those around them. Decisions around saying something hurtful to somebody, accessing a site on their smart phones or iPads that they shouldn't, not completing a section of work, being influenced by their peers into doing something they know that they shouldn't do, but do it anyway. More than likely, as the adult in this situation, our response is 'reactive' – probably followed by some or other sanction.

Now don't get me wrong, I'm not saying that there shouldn't be accountability and ownership for one's actions. What I am saying is just how much proactivity has taken place beforehand in order to guide and assist these youngsters into having some inkling of a chance of making an informed and calculated decision in a world where demands on them are far greater than ever before. Where instant gratification is the order of the day, where exposure to the www facilitates an absolute overload of information – a large majority of it unfit for human consumption. Where peer pressure and the perception that in order to fit in you have to be of a certain build, have a certain hair colour, wear certain branded clothing and act in a certain way. Where it's what material possessions you own and not who you are that so sadly seem to determine your worth. Our children are bombarded, on a daily basis, with this sort of input and constantly face having to make these sorts of decisions. Wow! Certainly not easy for them.

So quite simply, the ownership to help and guide these kids lies with us and believe me, this is no easy task! Most of us as adults in today's world face with a very different norm to what we grew up with. So our challenge lies in not only gleaning an intimate understanding of their reality, but also an understanding of how best to nurture, equip, guide, motivate, support and love these young folk as they walk through the minefield of what is, the 21st Century.

Something we can only do together. We're in. Are you?

May your week be positive and happy and filled with really great decisions!

Marc and the Prep team

Trinity Term Calendar

01-Nov	Tue	14:00	SP Sport & Group Photos
02-Nov		13:00	SAP U13A vs Glenwood House U13A
02-Nov	Wed		RAP Day (Only for SAC & DSG)
02-Nov	Wed	13:30	U13 Albany Cricket League: SAP U13D vs Graeme U13BD (a)
02-Nov	Wed	13:30	U13 Albany Cricket League: SAP U13E vs Oatlands U13A (h) (Retief Field)
02-Nov	Wed	13:30	U13 Albany Cricket League: SAP U13F vs Tiger Titans U13A (h) (Top Field)
03-Nov	Thu	17:15	SMT/PC Meeting (Green Room)
03-Nov	Thu	13:30	U11 Albany Cricket League: SAP U11D vs Yellowwoods U11A (h) (Top Field)
03-Nov	Thu	15:00	ICT Steering Committee (DSG Seminar Room)
03-Nov	Thu	15:30	Tennis Inter-House: Lions vs Tigers (Sr)
04-Nov	Fri	14:00	Tennis: vs Port Alfred U11A (h)
04-Nov	Fri	14:00	Tennis: U11B (a) vs DSG (social)
04-Nov	Fri	15:00	Tennis: U13A/B/C vs SAC U15
05-Nov	Sat		Duty Master: Zane Plescia (072 018 3878)
05-Nov	Sat		Cricket vs Graeme: U13A/U11A/U9A (a) U13B/ U13C/U11B (h)
07-Nov	Mon		Week 10: A
07-Nov	Mon	14:00	PP Assessment Meeting
07-Nov	Mon	15:30	Tennis Inter-House: Griffin vs Tigers (Jr)
08-Nov	Tue	14:00	PP PAT Chats
08-Nov	Tue	13:30	U11 Albany Cricket League: SAP U11C vs Grahamstown Primary U11A (h) (Fairlawn B)
08-Nov	Tue	14:00	Dolphin Shield Gala (DSG)

All SP sport concludes on the 23 November, with the exception of House matches and School Championship matches

Pre-Primary

We are ever so grateful to Mrs Barker who has stepped in to teach the Grade 00s while Mrs Shone is away in Ireland attending her son's wedding. Thank you Mrs Barker!

When faced with an anxious child, parents often feel a sense of inadequacy and don't know how best to reassure the child. Here are some phrases you can use to comfort your child:

- "I am here, you are safe".
- "Tell me about it".
- "How big is your worry?"
- "Can you draw it?"
- "Let's change the ending."
- "I'm going to take a deep breath".
- "This feeling will pass".

Santa's shoeboxes: Thanks to the outstanding generosity of Pre-primary parents, we have enough items for our Santa's shoeboxes. We only need shoeboxes and wrapping paper, so if you have either of these lying around at home, please send!

Next week it's time again for Grade 00 and 000 PAT chats! Please make your appointment on the roster outside the classrooms. Over the next few weeks we are going to be practising hard for our Nativity concert. There are songs, dances and words to be learnt. It's always an exciting time of the year!



Junior Primary

The Sound of Music was brilliant!! The Junior Preppies rose to the occasion and entertained their audiences with much delight. The photographs herewith depict remarkable moments of performing and singing on stage.

Please take note that individual and group photographs of the children from this beautiful play will be available from Monday 7 November to Friday 11 November for parents to place orders directly online with the photographer, Lucinda van Deventer.

Sound of Music Production



Eco Club



Prep continues with its Paper Recycling Drive. 8 bags and a wheelie bin full of paper was sent off for recycling through Grahamstown Recycling. The SP Eco Club is involved in some of its own recycling too: shredding waste paper and making papier mache bowls out of the pulp, gooey, fun and a great way of making something useful out of used paper!

Art: Grade 6 Design



The Grade 6 boys have completed some striking patterned designs during their art lessons. The only starting point was an outline template of a shape, the rest was up to them to fill with pattern in black, white and one chosen colour.

Merit Board: 40 Merits

Joshua Furtner
Cameron Kamanyi
Joey Rugemalira

Mark Ter Morshuizen
Ian Meihuizen

Tennis

Team	Type	Opposition	Format	Score
U13A	Friendly	DSG U15A	Singles & Doubles	Prep won by 39 games: <u>Singles won:</u> Dylan Marx, Jurie Norval, Murray Bowker, Blaine Price, Jeffrey Carle, Zach Micklewright, Daniel Letheby
U13B	Friendly	DSG U14A	Singles & Doubles	Prep lost by 2 games <u>Singles won:</u> David Redfern, Luke van Vuuren, Taine Hartzenberg, James Houghton, Yash Gopal
U13A	Social	DSG	Mixed Doubles	
U13B	Social	DSG	Mixed Doubles	
U11A	League	Graeme U11A	Singles & Doubles	Prep won by 9 games. <u>Singles won:</u> Matthew Poole, Ben Wright, Ethan van der Merwe, Divan Eksteen.
U11B	League	Graeme U11B	Singles & Doubles	Prep lost by 3 games. <u>Singles won:</u> Jonathan MacKenzie, Mark Were, Stuart Carr, Ganizani Tembo, Nicholas Stevenson, Patrick Wingfield.



Teaching the Teachers



During Mondays session of iPad training for the teachers, Mrs Hobson decided to take a back seat and asked Ben Fleming if he would present the training on the App, Adobe Spark Page, as he is such an expert. It was nerve-wracking for Ben to present to the teachers, but he was amazing and the teachers learnt a lot.

Thank you Ben!

Chess Club



SUNDAY
20 NOVEMBER
10H00-15H00
FAIRLAWN FIELDS
BEDFORD STREET

PREP CARNIVAL

R15
ENTRY
INCL FOAM PARTY

CRAFT STALLS
SKY DIVERS
RODEO BULL RIDE
FATHER CHRISTMAS
PREP MARIMBA BAND
PAINTBALL
ZORB BALLS
SUMO WRESTLING
JUMPING CASTLE
FOOD STALLS
HUMAN FOOSBALL

Carnival 2016

Please contact Cindy Renard
on (046) 603 2400 C.Renard@saprepschool.com



ST ANDREW'S PREPARATORY
SCHOOL