



St Andrew's Prep School Newsletter 7 February 2017



Dear Prep Family

'The more that you read, the more things you will know. The more that you learn, the more places you'll go.' - Dr. Seuss

Dear old Dr Seuss – if only we took his advice more often! The reason I have used this quote this week is that reading with children, and inculcating a love of reading, is probably THE single most important thing a parent can do to improve their child's learning.

So, what is it we need to do as parents – and how do we read with our children? Perhaps the following will help:

TEN REASONS TO READ TO YOUR CHILD (and teenager)

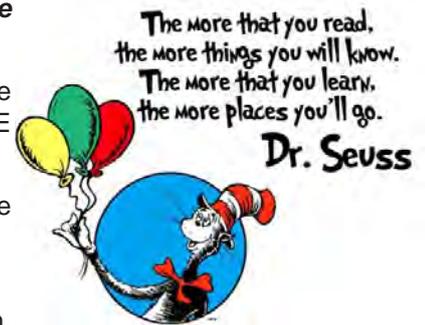
1. When we give this one-on-one attention to our children, they know that we love them.
2. Reading to children encourages them to become readers one day.
3. Children's books today are so good that they are fun for adults too!
4. Children's book illustrations often rank with the best, giving our children a lifelong appreciation of good art!
5. Books are a good way to pass on our moral values to our children. Readers know how to put themselves in other people's shoes!
6. Until our children can read for themselves, they still think that we are magic!
7. Every teacher and librarian your child ever encounters will thank you.
8. Reading fosters a love of learning, and every child can benefit from that.
9. A child's imagination is fired by reading, something a TV program can never do.
10. Use reading as a chance to be together, laugh together, cry together and talk together.

HELPING YOUR CHILD TO READ

1. Set a good example. Read for pleasure and share that pleasure with your children.
2. Leave interesting books lying around. Encourage your child to handle books frequently, carefully and respectfully.
3. Read aloud and eagerly to your child. Show how much you enjoy this reading time. Make it special and do it each night if possible.
4. Provide a good reading light next to your child's bed and encourage a relaxing nightly reading time.
5. Be tuned in to what interests your child. Find books and other reading material in these areas of interest.
6. Discuss books and current events as a family.
7. Ask your child to read to you. Don't be anxious or impatient with his or her reading ability. Listen to your child read; don't listen for the mistakes.
8. Encourage your child to share what he or she has read in books. Discuss the stories, characters, conflicts, resolutions and feelings.
9. Visit the library together. Be sure your child has a library card and encourage its use. Use yours, too!
10. Be pleased with your child's reading progress. Give specific and genuine praise.
11. Let your child select books he or she wants to own. Books that a child has selected are friends for a long, long time!

Take time to read to your children and watch them blossom into avid readers themselves.

Have a reading-filled week!
Mr B



Easter Term Calendar

Week 4: B

Tue 07	10h50	Gr 6 Study Skills Workshop
Tue 07	12h00	Gr 7 Time Management Workshop
Tue 07	14h00	Short Course Gala (Kingswood)
Wed 08		Deadline for Flight Bookings for Half Term
Wed 08		U13 Albany Cricket
Wed 08		JP Hearing Screenings
Thu 09		U11 Albany Cricket
Fri 10	09h00	SP Inter-House Gala (Prep Pool)
Fri 10		Grade 2 & 3 Girls Summer Sports Clinic
Fri 10		Mini-cricket Festival (SAP)
Fri 10		Tennis Fixture U11A/B vs Kingswood;
		U13A/B Social Mixed Doubles (DSG)
Sat 11		Duty: Mr van Vuuren
Sat 11	09h00	Cricket vs Grey
Sat 11	18h00	Outdoor Movie Night (Fairlawn)

Week 5: A

Mon 13		Gr 7 Valentine's visit to DSG
Mon 13	14h00	Albany Trials Gala (DSG Indoor Pool)

Pre-Primary



As part of our learning focus on learning about ourselves, we've been getting to grips with our emotions and what makes us feel happy, sad, surprised or excited. As parents, you can help your child to identify and regulate their feelings by talking about them. Here is an excellent article:

http://csefel.vanderbilt.edu/documents/teaching_emotions.pdf

During the hot weather, we really appreciate the lovely shade from the trees in our garden, and our water-and-sand play area. The children have been creating rivers, tunnels and dams in the sand. The painting of our bathroom is almost complete – so do pop in and take a look. We are very pleased that the painters will be giving the rest of the school a much-needed fresh coat of paint too!

Reminder: Please send tissues, cookie day money and confidential forms if you have not already done so.

Junior Primary

Matt Russ has coached and trained athletes up to the professional level, domestically and internationally, for over 20 years. An interesting read on sport from his perspective.

How to Destroy Your Child's Athletic Future in 3 Easy Steps - The Sport Factory

'In over two decades of coaching athletes I have had the pleasure of seeing some of my junior athletes make it all the way to the professional level. Along the way I have developed a somewhat global perspective on what it takes to go from this point A to the very distant point B. I worked with some wonderful parents that contributed greatly to their child's successes. But I unfortunately witnessed more parents, sometime unwittingly and always with the best intentions, sabotage their child's athletic future. If they had just heeded a few simple rules, or examined a few of their motives, not only would their child been a better athlete, they would have been a better competitor, happier, and healthier child.'

How to destroy your child's athletic (sport) future in 3 easy steps:

1. Impose your own ambitions upon your child.
2. Over-specialize too early.
3. Focus on a single sport.

Find out more on this website: <https://sportfactoryproshop.com/blog/how-to-destroy-your-childs-athletic-future-in-3-easy-steps/>



Headmaster's Induction



In a lengthy and meaningful service last week, the Bishop of Grahamstown, the Right Reverend Ebenezer St Mark Ntlali, inducted St Andrew's Preparatory School's 11th Head in Memory Hall. Having headed the likes of St Charles' Prep, Clifton Prep and Applewood Prep, his expertise is welcomed.

Cricket



DATE	TEAM	OPPOSITION	FORMAT	MATCH ANALYSIS
31 Jan	SAP U11C	GPS U11A	20 overs	SAP U11C 28/10. GPS U11A 29/3. Prep lost by 7 wickets.
2 Feb	SAP U11D	OPS U11A	20 overs	SAP U11D 28/10. OPS U11A 29/1. Prep lost by 9 wickets.
2 Feb	SAP U11A/B	Newton U11A	20 overs	SAP U11A 130/7 (E. Bradfield 42). NP 99/5 (Z. Nkosa 2/24). Prep won by 31 runs.
2 Feb	SAP U13A	Newton U13A	20 overs	NP U13A 104/9 (W. Donald 4/17). SAP U13A 96/10 (D. Letherby 21). Prep lost by 8 runs.
4 Feb	SAP U9A	Westering U9A	25 overs	WP U9A 111/5 (L. Painter 2/4). SAP U9A 112/1 (L. Painter 35*; S. Eksteen 35*). Prep won by 9 wickets.
4 Feb	SAP U11B	Westering U11B	35 overs	WP U11B 129/7 (J. Rocher 2/16). SAP U11B 132/3 (N. Field 65*). Prep won by 7 wickets.
4 Feb	SAP U11A	Westering U11A	40 overs	WP 124/10 (B. Wright 3/20). SAP U11A 126/5 (C. Rose-Innes 38*). Prep won by 5 wickets.
4 Feb	SAP U13C	Westering U13C	35 overs	WP U13C 88/7 (A. Burton 3/3). SAP U13C 91/3 (G. Tembo 36). Prep won by 7 wickets.
4 Feb	SAP U13B	Westering U13B	40 overs	WP U13B 157/10 (T. Hartzenberg 6/38). SAP U13B 158/9 (O. McKay 65*). Prep won by 1 wicket.



Swimming



On Thursday the 2 of February the Greame relay gala took place. The swimming conditions were perfect and there were four other schools involved including DSG, Greame, VP, Kingswood and Prep. Age groups from U9 to U13 were involved and all swam exceptionally well.

The results as are follows, for the girls: DSG won with 92 points, KC in second with 54 points and VP in third with 46 points. For the boys: PREP in first with 108 points, KC in second with 54 points and greame in third with 40 points. Congratulations to everyone who took part and a massive thanks to all the staff who accompanied us. We are looking forward to tomorrow's KC Gala.



Tennis



Thiart Tennis Academy, in collaboration with St Andrews Prep, would like to invite your U/10 & U/12 tennis teams to our annual team tournament. It promises to be a wonderful weekend of tennis and usually boosts the players' enthusiasm.

Invited Schools: St Andrew's Prep, Graeme College, Victoria Primary, PJ Olivier, Kingswood College, Cradock Primary, DSG, PAHS, Fort Beaufort, Bedford Country School, Grey Junior School, Collegiate, Hudson Park.

Dates: Thursday 23 February (Only Grahamstown Schools), Friday 24 February and Saturday 25 February.

Entry cost: R425/player.

Please email Mrs Sparks j.sparks@saprepschool.com to confirm by Friday 10 February, if your son would like to enter. After entry you will be emailed the programme details.



Tennis this year started with the Albany Championships and over the last two weekends boys and girls from the Albany District have been competing.

Preppies who entered in U12: Jonathan Mackenzie, Mark Were, Tom Hutchinson, Ethan van der Merwe, Divan Ekstreen, Mark Ter Morshuizen, Charles Rose-Innes, Ben Wright, Sibusiso Khayi.

Preppies who entered in U14: Xolela Hoyi, Zack Micklewright, Daniel Letherby, Taine Hartzenberg, Oliver McKay, Phologo Maruping, Brad Storer, Ronan Kennedy.

We are still waiting for final positions from the Albany Committee. I would like to compliment the boys who entered these championship for their commitment and tennis etiquette on and off the court. We start on Friday 10 February with our U11A/B fixture against Kingswood and the U13A/B team will be playing social mixed doubles with DSG.



VALENTINE'S MOVIE UNDER THE STARS



Fairlawn Fields | Saturday 11 February | 6pm - 9pm
R25 per ticket including 1 Bag of Popcorn

BRING A PICNIC or FOOD ON SALE: Hein's Food Truck, Popcorn, Slushies and Ice Cream
MOVIE: Inside Out (starts at 7pm)

Outdoor Movie Night

Please collect movie tickets before 4pm on Friday 10 February from Anusha at Reception (046) 603 2400



ST ANDREW'S PREPARATORY
SCHOOL



**KEEP CALM
AND
PICK UP A
HOCKEY STICK**

**@ PUPS HOCKEY ACADEMY
BLOCK 6**

SATURDAYS 08H00 - 9H00 ON WEBSTER ASTROTURF FOR GRADES 1-7

**4TH, 11TH & 18TH FEBRUARY
4TH & 11TH MARCH**

**PUPSHOCKEYACADEMY@GMAIL.COM
FOR FURTHER DETAILS**

Grade 6 CPR Training

